

# Balada

Choreographed By : Francien Sittrop  
Music : **Balada Boa "By" Gustavo Lima**  
Descriptions : 64 count - 4 wall - Phrased Intermediate line dance  
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**Intro: Start after 16 counts from the beginning - Sequence: AA B AA BBBB A BB B(16)**

## Section A: 32 counts.

### [1 – 8] Rocking Chair , Shuffle fwd. Step fwd Pivot ½ R

1 – 2 Rock R fwd. Recover on L  
3 – 4 Rock R back, Recover on L  
5 & 6 Step R fwd , Step L next to R, Step R fwd  
7 – 8 Step L fwd. Pivot ½ Turn R

### [9-16] Shuffle fwd, ½ Turn L , Cross Side, Cross Shuffle

1 & 2 Step L fwd. Step R next to L , Step L fwd  
3 – 4 ¼ Turn L step back on R, ¼ Turn L step L to the L side  
5 – 6 Step R across L, Step L to L side  
7 & 8 Step R across L. Step L to L side. Step R across L

### [17-24] Side Rock Recover, Behind Side Cross, Side Rock Recover , Coaster Step

1 – 2 Rock L to L side. Recover on R  
3 & 4 Step L behind R. Step R to L side , Step L across R  
5 – 6 Rock R to R side. Recover on L  
7 & 8 Step R back, Step L next to R. Step R fwd

### [25-32] Step fwd ,Pivot ½ R, Shuffle fwd, Heel Ball Step 1/8 Right x2

1 – 2 Step L fwd, Pivot ½ Turn R  
3 & 4 Step L fwd., Step R next to L, Step  
5 & 6 Touch R Heel fwd 1/8 to the R, Step R down. Step L fwd  
7 & 8 Touch R Heel fwd 1/8 to the R, Step R down. Step L fwd

## Section B: 32 counts.

### [1 – 8] Samba Steps x2, 2 Walks fwd . Kick Ball Step ,

1 & 2 Step R across L, Rock L to L side, Recover on R  
3 & 4 Step L across R, Rock R to R side, Recover on L  
5 - 6 Walk fwd R L  
7 & 8 Kick R fwd. Step R down. Step L fwd

### [9 – 16] Side Together, Chasse , Rock Recover, ¼ L with Chasse

1 – 2 Step R to R side, Step L next to R  
3 & 4 Step R to R side, Step L next to R, Step R to R side  
5 – 6 Rock L fwd, Recover on R  
7 & 8 ¼ Turn L step L to L side., Step R next to L, Step L to L side

### [17-24] Vaudevilles x2 (Travelling fwd) , 2 Walks fwd, Shuffle fwd

1&2& Step R across L, Step L back, Touch R Heel fwd, Step R down  
3&4& Step L across R , Step R back, Touch L Heel fwd , Step L down  
5 – 6 Walk fwd R L  
7 & 8 Step R fwd, Step L next to R, Step R fwd

### [25-32] Rocking Chair, Rock Recover, ¼ L with Chasse

1 – 4 Rock L fwd., Recover on R, Rock L back, Recover on R  
5 – 6 Rock L fwd, Recover on R  
7 & 8 ¼ Turn L step L to L side, Step R next to L , Step L to L side