

# 3 A.M.

Choreographed : Ria Vos (Oct 2017)  
Music : 3 A.M "By" Jesse & Joy  
Descriptions : 48 count - 4 wall - Intermediate line dance  
: [marja42@kpnmail.nl](mailto:marja42@kpnmail.nl)



Intro: 16 Counts

## S1: Walk, Walk, Rocking Chair, Step Fwd, ½ Turn R, Sailor ¼ R Cross

1-2 Step Fwd R-L  
3& Rock Fwd on R, Recover on L  
4& Rock Back on R, Recover on L  
5-6 Step Fwd on R, ½ Turn R Step Back on L (6:00)  
7&8 Step R Behind L, ¼ Turn R Step L Next to R, Cross R Over L (9:00)

## S2: Side Rock- Cross, Side Rock-Cross, Mambo Fwd, Walk Back x2

1&2 Rock L to L Side, Recover on R, Cross L Over R  
3&4 Rock R to R Side, Recover on L, Cross R Over L  
5&6 Rock Fwd on L, Recover on R, Step Back on L  
7-8 Step Back on R Swiveling L Toe Out, Step Back on L Swiveling R Toe Out

## S3: Coaster Step, Lock-Step-Lock-Step, ¼ R Point, ½ L Point, Crossing Shuffle

1&2 Step Back on R, Step L Next to R, Step Fwd on R  
&3 Lock L Behind R, Step Fwd on R  
4 ¼ Turn R Point L to L Side (12:00)  
5-6 ¼ Turn L Step Fwd on L, ¼ Turn L Point R to R Side (6:00)  
7&8 Cross R Over L, Step L to L Side, Cross R Over L

## S4: Chasse ¼ R, Shuffle ½ R, Rock Fwd, Side Rock, Sailor ¼ Turn L

1&2 Step L to L Side, Step R Next to L, ¼ Turn R Step Back on L (9:00)  
3&4 ¼ Turn R Step R to R Side, Step L Next to R, ¼ Turn R Step Fwd on R (3:00)  
5& Rock Fwd on L, Recover on R  
6& Rock L to L Side, Recover on R  
7&8 Step L Behind R, ¼ Turn L Step R to R Side, Step L to L Side (12:00)

\*\*\*Restart Point wall 5 (12:00)

## S5: Diamond ¼ R, Hip Bumps, Behind-Side Cross

1&2 Cross R Over L, 1/8 Turn R Step Back on L, Step Back on R (1:30)  
3&4 Step Back on L, 1/8 Turn R Step R to R Side, Cross L Over R (3:00)  
5&6 Step and Bump R to R Side, Recover on L, Bump R to R Side  
7&8 Step L Behind R, Step R to R Side, Cross L Over R

## S6: Side-Together-Back, Chasse ¼ L (x2)

1&2 Step R to R Side, Step L Next to R, Step Back on R  
3&4 Step L to L Side, Step R Next to L, ¼ Turn L Step Fwd on L (12:00)  
5&6 Step R to R Side, Step L Next to R, Step Back on R  
7&8 Step L to L Side, Step R Next to L, ¼ Turn L Step Fwd on L (9:00)

Contact: [dansenbijria@gmail.com](mailto:dansenbijria@gmail.com)