

# Life Changes

Choreographed : Heather Barton & Suzi Beau (Dec 2017)

Music : **Life Changes** "By" **Thomas Rhett**

Descriptions : 32 count - 4 wall - Improver line dance

: [marja42@kpnmail.nl](mailto:marja42@kpnmail.nl)



Intro: 16 Counts

## **Step Kick Coaster Step, Right Lock Step, Step 1/4 Cross**

- 1,2 Step fwd on R, Kick L fwd
- 3&4 Step back on L, close R, Step fwd L
- 5&6 Step R fwd, Lock L behind R, step R fwd
- 7&8 Step fwd on L, pivot ¼ R taking weight onto R, Cross L over R

## **Hinge 1/2 Turn L, Cross Shuffle, Side Rock , Weave, Stomp**

- 1,2 Turn ¼ L stepping back on R, Turn ¼ L stepping L to L side
- 3&4 Cross R over L, Step L to L side, Cross R over L
- 5&6& Rock L to L side, Recover R, Cross R over L, Step R to R side
- 7&8 Step L behind R, Step, R to R side, Stomp L beside R

**Restart here wall 3 and 6**

## **Vine 1/4 R, Step Pivot 1/2 . 1/4 Side, Behind, 1/4 L, Fwd, Mambo**

- 1&2 Step R to R side, Step L behind R, Turn ¼ R stepping fwd R
- 3&4 Step fwd L, Pivot, ½ R, taking weight on R, Turn ¼ R stepping L to L side
- 5&6 Step R behind, L, Turn ¼ L Stepping fwd L, Step fwd R
- 7&8 Rock forward on L, recover R, Step back L

## **Back Lock Step, Sailor 1/4, Heel Switch X4 Making 1/2 Turn L**

- 1&2 Step back on R, Lock L over R, Step back R
- 3&4 Turn ¼ L stepping back L, Step R to R side, Step L to L side
- 5&6& Making ¼ turn L Dig R heel fwd, replace, Dig L heel fwd, replace
- 7&8& Making ¼ turn L Dig R heel fwd, replace, Dig L heel fwd, replace

**Start Again**