



Born To Rock

Choreographed By : Leong Mei Ling
Music : C'mon Everybody "By" Elvis Presley
Descriptions : A 80 counts, B 32 counts ,Ending 16 counts ,- 4 wall - Phrased Intermediate line dance
: marja42@telfort.nl

Sequence: A, A, B, A, B, A, 16cts ending

Intro: 8 Counts

SECTION A

WALK FORWARD WITH HAND SLAPS

1-4 Walk forward R, slap hands on hips, walk forward L, slap hands on upper thighs
5-8 Repeat 1-4

A1

SNAP FINGERS

1 Step R to right side
2-3 Snap fingers right (head level), hold
4-5 Snap fingers left (head level), hold
6-7 Snap fingers right (hip level), hold
8 Snap fingers left, hip level

WALK BACK WITH HAND SLAPS

1-4 Step back R, slap upper thighs, Step back L, slap upper thighs
5-8 Repeat 1-4

A1

CLAP HANDS

1 Step R to right side
2-3 Clap hands right (head level), hold
4-5 Clap hands left (head level), hold
6-7 Clap hands right (hip level), hold
8 Clap hands left, hip level

TOE STRUT, BACK ROCK, TOE STRUT, BACK ROCK

1-4 Touch R toe to right, Step R foot down; Step L behind R, recover weight to R
5-8 Touch L toe to left, Step L foot down; Step R behind L, recover weight to L

LONG STEP RIGHT, 1/4 TURN RIGHT, HEEL BOUNCES

1-4 Big step to the right with R (2 counts), 1/4 right turn step L to left, hold
5-8 Bounce R heel to floor (X2), Bounce L heel to floor (X2)

BACK ROCK, TOE HEEL CROSSES (3X), STEP

1-2 Step R back, recover on L
3-6 Touch R toe to L instep, Tap R heel to floor, cross R over L; Hold
7-8 Touch L toe to R instep, Tap L heel to floor
1-2 Cross L over R; Hold
3-6 Touch R toe to L instep, Tap R heel to floor, cross R over L; Hold



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7-8 Step L beside R, Hold
(option: replace toe-heel with toe-kick)

ELVIS KNEES

1-2 Turn R knee in towards left (L leg straight), hold
(both arms at shoulder level, elbows bent, forearms up)
3-4 Turn L knee in (R leg straight), hold
5 Turn R knee in (L leg straight); (Drop arms down to sides & snap fingers)
6-8 Hold

TOE STRUTS IN PLACE

1-4 Touch R toe beside L, Step R foot in place; Touch L toe beside R, Step L foot in place
5-8 (repeat 1-4)

SECTION B

JAZZ BOX

1-2 Cross R over L, Hold
3-4 Step L back, Hold
5-6 Step R to right, Hold
7-8 Step L forward in front of R, Hold
(Option: Jazz box can be done with toe struts)

TWIST TO THE RIGHT

1 Step R to right side
2-8 Twist hips R, L, R, L, R, L, R (finish with weight on R foot)
(Note: Or do free-style twist as long as your weight ends on the R on count 8)

JAZZ BOX

1-2 Cross L over R, Hold
3-4 Step R back, Hold
5-6 Step L to left, Hold
7-8 Step R forward in front of L foot, Hold
(Option: Jazz box can be done with toe struts)

FREEZE, TWIST LEFT

1-4 Step L to left side, hold (Freeze)
5-8 Twist hips R, L, R, L (finish with weight on L foot)



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ENDING

TOE STRUTS, MONTEREY TURN (2X8)

1-2, 3-4 Touch R toe beside L, Step R foot in place; Touch L toe beside R, Step L foot in place
5-6, 7-8 Touch R to right, 1/2 R step R beside L; Touch L to left, step L beside R

Last count: Strike an Elvis pose!

HAVE FUN!

Section A inserts:

A2 (done on the 2nd rotation of A):

(2nd eight) HIP BUMPS

1 Step R to right side
2-3 Bump hip right
4-5 Bump hip left
6-7 Bump hip right
8 Bump hip left

(4th eight) FOOT STOMPS

1 Step R to right
2-3 Stomp L, replace weight to R
4-7 repeat 2-3
8 Stomp L

A3 (done on the 3rd and last rotation of A):

(2nd eight) TURN HEAD LEFT

1-2 Cross R over L (Look L)
3-4 Step L to L (Look forward)
5-6 Cross R over L (Look L)
7-8 Step L to L (look forward)

(4th eight) TURN HEAD RIGHT

1-2 Step R to right (Look R)
3-4 Cross L over R (Look forward)
5-6 Step R to right (Look R)
7-8 Cross L over r (look forward)