

# One Step Forward And Two Steps Back

Choreographed By : Betty Wilson & Charlotte Lucia  
Music : **One Step Forward** "By" The Desert Rose Band  
Descriptions : 20 count - 4 wall - Beginner line dance  
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Intro: 32 Counts

## **STEP, TOUCH, BACK, TOGETHER, BACK, TOUCH, SIDE, TOGETHER**

- 1 Step left foot forward
- 2 Touch right toes beside left foot
- 3 Step back on right foot
- 4 Step left foot together with right foot
- 5 Step right foot back
- 6 Touch left toes beside right foot
- 7 Step left foot side left
- 8 Step right foot beside left foot

## **SIDE, TOUCH, FORWARD, TOUCH, BACK, TOGETHER, BACK, TOUCH**

- 1 Step left foot side left
- 2 Touch right toes beside left foot
- 3 Step right foot forward
- 4 Touch left toes beside right foot
- 5 Step left foot back
- 6 Step right foot together with left foot
- 7 Step left foot back
- 8 Touch right toes beside left foot

## **SIDE, TOGETHER, TURN, TOUCH**

- 1 Step right foot side right
- 2 Step left foot together with right foot
- 3 Turn  $\frac{1}{4}$  right stepping right foot forward
- 4 Touch left toes beside right foot