

Hey Mama!

Choreographed : Daniel Whittaker (Jan 2015)
Music : Hey Mama "By" David Guetta Feat: Nicki Minaj & Afrojack (3:12)
Descriptions : 64 count - 4 wall - Higher Improver line dance
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Intro: 40 Counts

[1-8] Step out left, right, heel splits, right kick, left kick

- 1-2 Step left foot slightly forward left diagonal, step right out to right diagonal (shoulder width apart) 12:00
- 3-4 Push heels out, return heels to centre (heel splits) 12:00
- 5-6 Kick right foot forward to right diagonal, step right in place 12:00
- 7-8 Kick left foot forward to left diagonal, step left foot beside right 12:00

[9-16] Cross rock, side rock, behind side ¼ turn

- 1-4 Rock right over left, recover weight on to left, rock right to right side, recover weight on left 12:00
- 5-6 Step right behind left, make ¼ turn left stepping left foot forward 09:00
- 7-8 Step right foot forward, hold 09:00

[17-24] Step ½ turn step, full turn step, right side hold

- 1-4 Step left foot forward, make ½ turn right, step left foot forward, hold 03:00
- 5-6 Make ½ turn left stepping back on right, make a further ½ turn left stepping left foot forward 03:00
- 7-8 Step right to right side, hold 03:00

[25-32] Behind side cross, hold, scissor step, hold

- 1-4 Step left behind right, step right to right side, cross left over right, hold 03:00
- 5-8 Rock right to right side, recover weight on to left, step right over left, hold 03:00

**** Restart here wall 3, 6 and 9 ****

[33-40] ½ turn step, touch out, in, out, in

- 1-2 Make ¼ turn right stepping left back, make further ¼ turn right stepping right to right side 09:00
- 3-4 Cross left over right, hold 09:00
- 5-8 Touch right toe out, in, out, in 09:00

[41-48] Right lock step, left lock step

- 1-3 Step right to right diagonal, lock left behind right, step right to right diagonal 10:00
- 4-6 Step left to left diagonal, lock right behind left, step left to left diagonal 08:00
- 7-8 Step right to right diagonal, hold 10:00

[49-56] Rocking chair, Walk left, right as turning ½ turn

- 1-4 Rock left forward to right diagonal, recover weight on right, rock left foot back, recover weight on right 10:00
 - 5-6 Left heel strut forward and start turning right facing 12:00 12:00
 - 7-8 Right heel strut forward and start turning right facing 03:00
- (You have basically done ½ turn arc walking left & right) 03:00**

[57-64] Side step left x 2, side step right x 2

- 1-4 Step left to left side, close right to left, step left to left side touch right to left 03:00
- 5-8 Step right to right side, close left to right, step right to right side touch left to right 03:00

RESTARTS: 32 counts in to walls 3, 6 and 9

(which means you will be doing the Restarts on 9:00 wall then 6:00 wall and finally 3:00 wall)

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