

# Hands Up For Love

Choreographed : Dwight Meessen (Sep 2016)

Music : **Hands Up For Love** "By" **Lou Bega**

Descriptions : 32 count - 4 wall - Improver line dance

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Intro: 32 Counts

## **Section 1: R Side Rock, Recover, Behind-Side-Cross, L Side Rock, Recover, Behind-Side-Cross**

- 1-2 Rock RF out to right side, recover weight on LF
- 3&4 Cross RF behind LF, step LF to left side(&), cross RF over LF
- 5-6 Rock LF out to left side, recover weight on RF
- 7&8 Cross LF behind RF, step RF to right side(&), cross LF over RF

## **Section 2: R Side Rock, Recover ¼ Left, Shuffle ½ Turn, Back, Back, Behind-Side-Cross**

- 1-2 Rock RF out to right side, recover LF ¼ Left (9)
- 3&4 Step RF ¼ left (6), step LF beside RF(&), step RF ¼ left back (3)
- 5-6 Walk back L, R
- 7&8 Cross LF behind RF, step RF to right side(&), cross LF over RF

**\*Restart in wall 6**

**\*Restart in wall 9**

## **Section 3: R Side, Touch, Side, Together, Fwd, R Mambo Fwd, L Mambo Back**

- 1-2 Step RF to right side, touch LF beside RF
- 3&4 Step LF to left side, step RF beside LF(&), step LF forward
- 5&6 Rock RF forward, recover weight on LF(&), step RF beside LF
- 7&8 Rock LF back, recover weight on RF(&), step LF beside RF

## **Section 4: Pivot ½ Turn Left, Cross Samba, Cross, Side, Behind-Side-Cross**

- 1-2 Step RF forward, pivot ½ turn left (9)
- 3&4 Cross RF over LF, rock LF out to left side(&), recover weight on RF
- 5-6 Cross LF over RF, step RF to right side
- 7&8 Cross LF behind RF, step RF to right side(&), cross LF over RF

**Have Fun!**

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