

Coastin'

Choreographed : Ray & Tina Yeoman
Music : **Lord Of The Dance** "By" **Ronan Hardiman**
Descriptions : 40 count - 24 wall - Beginner/Intermediate line dance
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Intro: 16 Counts from the hard beat

Walk Right, Left, Kick fwd, Step Back, Coaster Step, Kick-Ball- Change

1-2 Step right forward, step left forward
3-4 Kick right forward, step right back
5&6 Step left back, step right together, step left forward
7&8 Kick right forward, step right together, step left in place

Walk Right, Left, Kick fwd, Step Back, Coaster Step, Kick-Ball- Change

1-2 Step right forward, step left forward
3-4 Kick right forward, step right back
5&6 Step left back, step right together, step left forward
7&8 Kick right forward, step right together, step left in place

Heel Touch, Step, Toe Touch 4X

Place hands on hips during next 16 counts (as per chorus line in "Lord of the Dance")

1&2 Touch right heel forward, step right together, touch left toe together
3&4 Touch left heel forward, step left together, touch right toe together
5&6 Touch right heel forward, step right together, touch left toe together
7&8 Touch left heel forward, step left together, touch right toe together

Heel Touch, Step, Toe Touch 4X

1&2 Touch right heel forward, step right together, touch left toe together
3&4 Touch left heel forward, step left together, touch right toe together
5&6 Touch right heel forward, step right together, touch left toe together
7&8 Touch left heel forward, step left together, touch right toe together

Step, Slide, 1/4 Turn Shuffle R, Step, 1/2 Pivot R, Shuffle

33-34 Step right to side, slide/step left together (clap)
35&36 Shuffle side turning 1/4 right and step right, left, right
37-38 Step left forward, turn 1/2 right (weight to right)
39&40 Shuffle forward left, right, left

Start Again