



The Captain

Choreographed : Joshua Talbot (Feb 2021)
Music : **Wellerman (Sea Shanty / 220 KID x Billen Ted Remix)** "By" Nathan Evans, 220 KID & Billen Ted
Descriptions : 32 count - 2 wall - Improver line dance
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Intro: 32 Counts

Sec 1: Side, Together, Shuffle Fwd, Rock Fwd, Recover, 1/4 Side Shuffle

1, 2 Step R to R, step L together
3&4 Step R fwd, step L together, step R fwd
5, 6 Rock L fwd, recover weight R
7&8 ¼ L step L to L, step R together, step L to L - (9.00)

Sec 2: Cross, Side, Sailor, Cross 1/4 Back, 1/2 Shuffle Fwd

1, 2 Cross R over L, step L to L
3&4 Step R behind L, step L to L, step R to R
5, 6 Step L over R, ¼ L step R back
7&8 ½ L step L fwd, step R together, step L fwd - (12.00)

Sec 3: Heel Jack, Hold, Touch, Touch, Side Rock, Recover, Cross Shuffle

&1, 2 Jump R back, touch L heel fwd, HOLD
&3&4 Step L together, touch R next to L, step R together, touch L next to R
&5, 6 Step L together, rock R to R side, recover weight L
7&8 Cross R over L, step L to L, cross R over L

Sec 4: 1/4, 1/4, Shuffle Fwd, Step Locks Fwd, Step

1, 2 ¼ R step L back, ¼ R step R fwd (6.00)
3&4 Step L fwd, step R together, step L fwd
5&6 Step R to R diagonal, lock L behind R, step R to R diagonal
&7 Step L to L diagonal, lock R behind L
8 Stomp L fwd (Make sure you pause between counts 7 - 8 to get a nice big stomp)

Start Again